

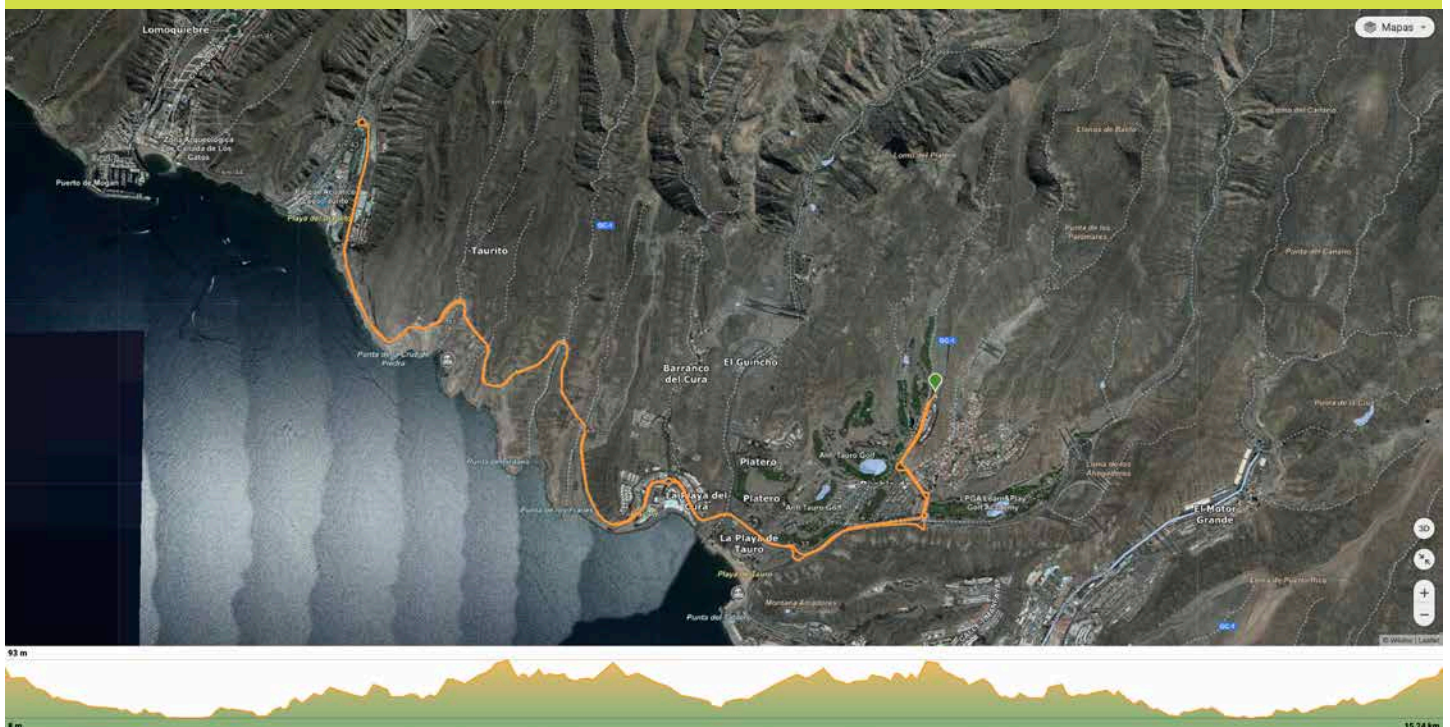
CYCLING ROUTES



The topography of Gran Canaria offers great contrast with routes along the coast or through the mountains in the same day. There are routes for all levels:



15KM - BASIC LEVEL



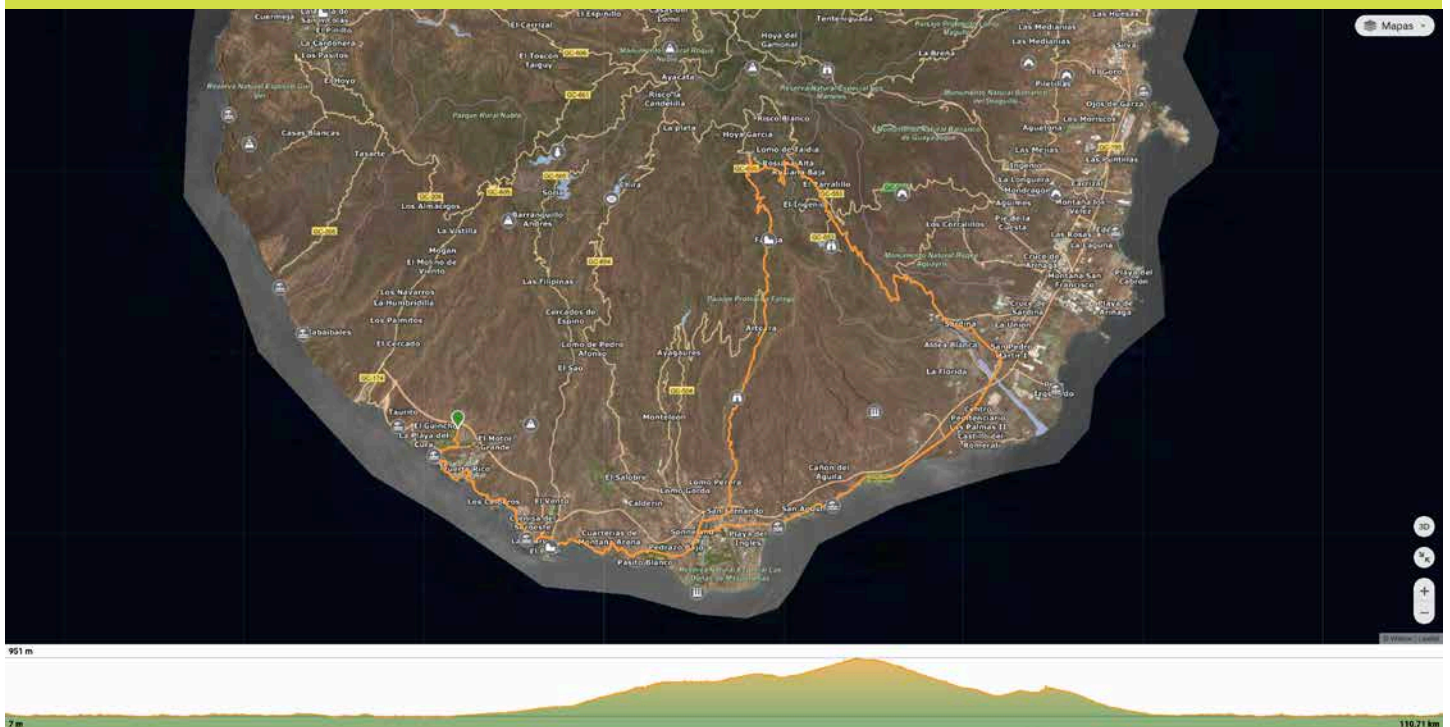
CYCLING ROUTES



53KM - INTERMEDIATE LEVEL



110KM - PRO LEVEL



RUNNING TRACKS

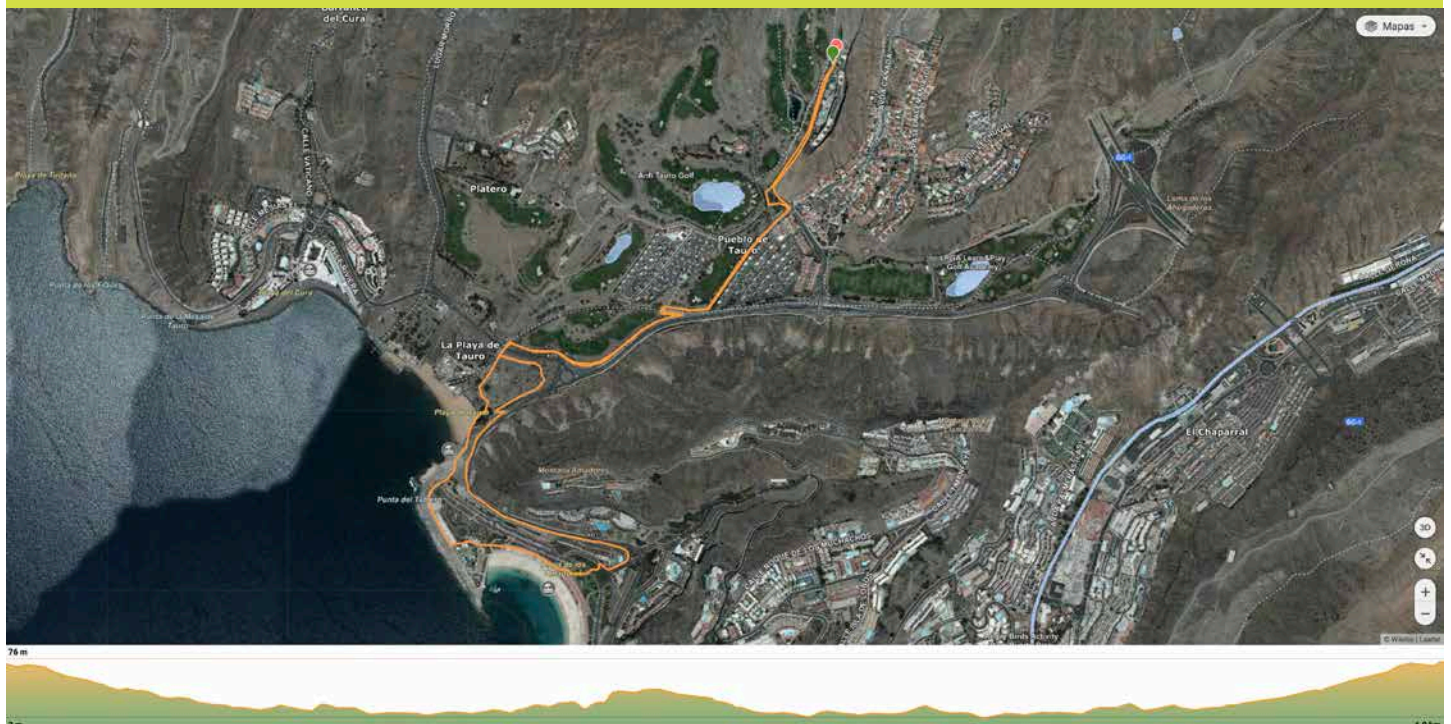


FROM HIKING TO THE MOST INTENSE RACES

Our professional-grade running tracks offer the perfect surface for all your running needs, from sprints to long-distance training, in a beautiful and safe setting that's great for family jogs too.



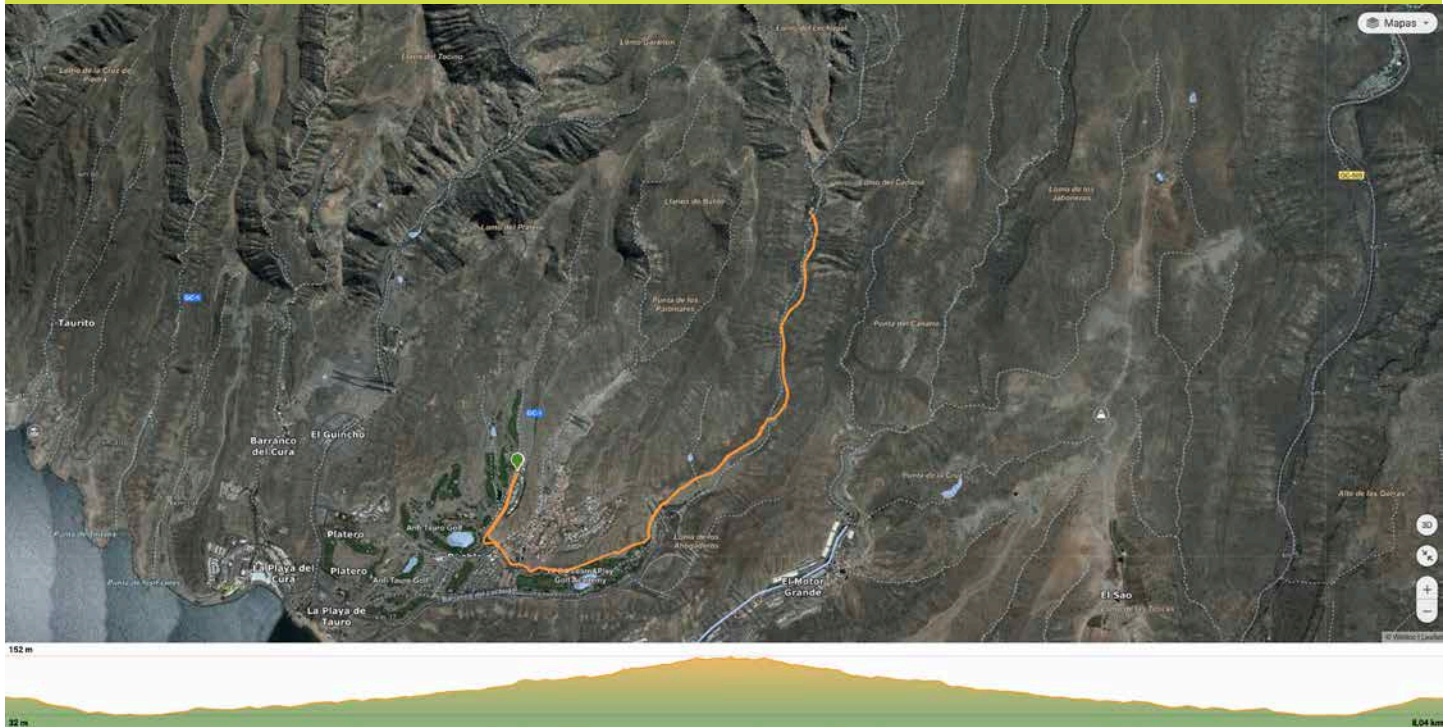
6KM - BASIC LEVEL



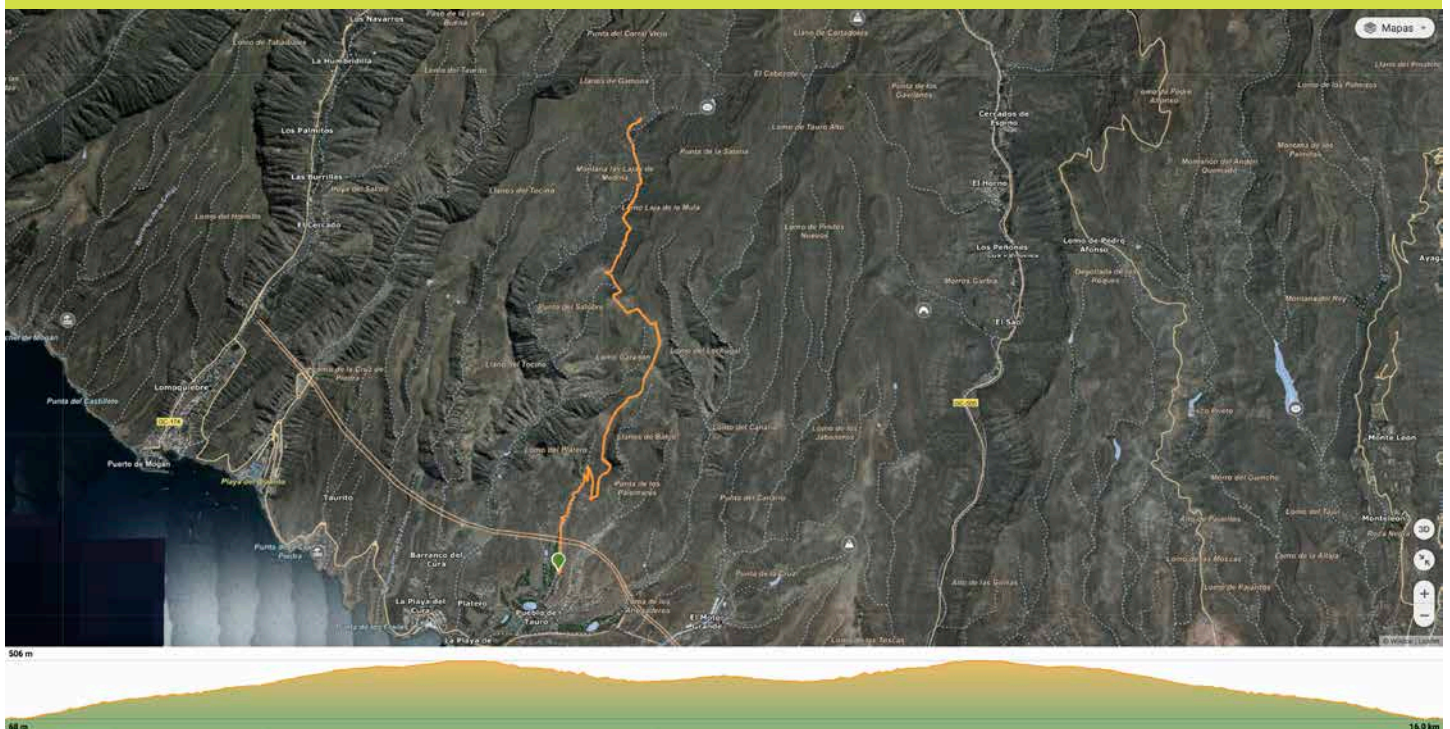
RUNNING TRACKS



8KM - INTERMEDIATE LEVEL



16KM - PRO LEVEL



OPEN WATER SWIMMING CHANNELS

At Anfi del Mar resort, our open-water swimming channels offer a unique and challenging experience for athletes. Start with our 50-metre natural pool, complete with turn platforms that push your open-water training to the limit. Then, take on the 800-metre channel connecting Anfi del Mar Beach to Patalavaca Beach, a favourite stretch for triathletes competing in the Anfi Challenge Mogan Gran Canaria. This open-water course allows you to train like a Pro, navigating the same waters in the world's best climate, where every swim becomes an unforgettable session.



MORE ROUTES & DETAILS

